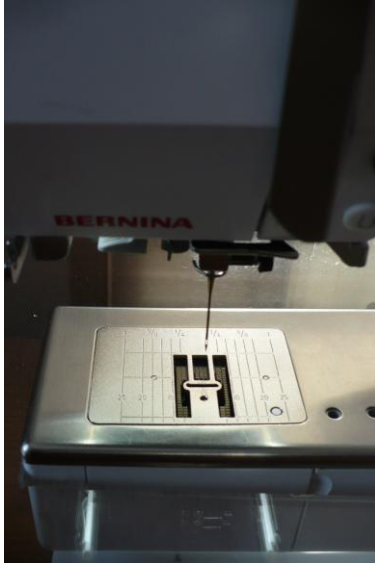


# Free Motion Basics

By Linda Ramrath

1. Drop your feed dogs.



2. Use a darning/free motion foot (It could be open or closed.)



3. Bring the bobbin thread up from the bottom to the top and hold on to both threads.



4. For Doodle quilts, outline the segments two or three times to make it look bold or use a thicker thread for the outlines.

